

***Need a Physio?***  
***There's a New Physio Clinic in Writtle***  
***At the Writtle Christian Centre***



**Heather Cottee**  
**BSc;MCSP;MMACP**

For all your Joint, Muscle  
& Sports Injury Needs

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the Health  
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## Physiotherapy in Writtle

As many of you will know, after 27 years of providing physiotherapy to the community of Writtle, Chartered Physiotherapist Susie Fowkes is now enjoying a well-earned retirement. There has been some concern that Writtle residents, particularly those unable to travel far, will miss this much-needed service, and with that in mind a new physiotherapy clinic has been set up by Chartered Physiotherapist Heather Cottee in the village.

Heather has had an established clinic in Chelmsford for over 15 years, and has now opened a second physiotherapy clinic situated in the Writtle Christian Centre.

Physiotherapy plays an important role in healing, rehabilitation & pain relief following muscle, ligament & joint injuries for all age groups. Following an initial assessment & examination an individual and appropriate course of treatment is planned with you and carried out using a wide range of skills & equipment.

***Susie Fowkes is pleased to be able to recommend her colleague Heather Cottee for all your physiotherapy treatment. Heather looks forward to carrying on where Susie left off by continuing to provide excellent physiotherapeutic care in Writtle.***