



for beginners

with Jen

Fully qualified Fitness Instructor and
Dance Teacher
ZIN member

These classes are designed for
first time students or
those who prefer a slower pace and
perfect for the more mature student.

Classes held at

Writtle Christian Centre

Next to All Saints Church Writtle CM1 3EN

Tuesday..... 12 noon - 1pm

Wednesday 10.30am -11 30am

For further details call Jen

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